openly as the First Line of Defense against the penetrating foreigners, so the Second Line of Defense, the K.G.B. and its cohorts, tries its best to be inconspicuous. A shy, shrinking troop of thugs, it insists on keeping in the background. When mobilized against one of the chosen many, the thugs stare at his every movement and hang on to his every word. If the visitor feels lonely or neglected in the Soviet Union, he should cheer up! Chances are he has a constant companion, keenly interested in his welfare. But he ought not to be flattered by all this attention. Many visitors are getting just as much of it.

Which brings us to the Third Line of Defense. This is the K.G.B. countercorps, which has been known frequently to watch those who are watching the foreigners.

Some people will tell you there even exists a Fourth Line. Why not? Ad infinitum the Soviets are conditioned to keeping tabs on each other.

So finally You arrive in the Soviet Union. Despite the scare stories of visitors being detained or expelled for photographing the wrong landmark or embellishing the mustache on Lenin's portrait, you have decided to come and see for yourself. If you are among the "chosen many" selected for attention by the K.G.B., you will need guidelines for conduct and advice on strategics.

We offer you a short course of ten easy steps:

1. How To Spot Your Sputnik. Hotel lobbies in the Soviet Union are

not cluttered with loungers. Hangingaround is a rarely indulged pastime and, as an occupation, much too suspect. This makes it easy for you to pick out your man. Scan the room carefully. Who is that chap standing near the main exit, in full street dress, prepared to bolt out the door after you? Unless you are suspected to be in the super-spy class, your Sputnik will stare right at you. He is usually not clever enough to credit you with wit enough to know who he is and what he is doing. He won't be smilling either, not even grimly.

2. Walk, Don't Run. On your way out through the hotel lobby in the morning, don't rush. Take your time, giving your Sputnik a chance to recognize you. He may only know you from a photograph or a description. You don't want the poor chump to spend a whole day following the wrong person. Furthermore, if you dart out too fast, you may not appear so innocent. Not that it makes much difference whether you are or not.

As you amble along the street, it is a good idea to keep your Sputnik on his toes by practicing a change of pace. Go in for a spell of stop-and-go window shopping. The window acts as a convenient rear-view mirror. Unfortunately he will now know that you are watching him because Russian window displays are notoriously dull.

3. Be Considerate. We recommend that you be thoughtful of your shadower, a weary man who works hard for his living. In fair weather or foul, he has to put up with your idiosyn-